

## **MATERIAL COVERED:**

This course is divided into three main sections:

1. Understanding human psychological development Units 1,2,3 & 4.
2. How our behaviour impacts upon others Units 5,6 & 7.
3. A study of certain psychological disorders Unit 8.

## **TEXTBOOK:**

The course uses the following text

*Psychology - Its Principles and Applications (Harcourt/Brace/Jovanovich):*  
ISBN 0-15-374800-1 (9<sup>th</sup> Edition)

## **NOTEBOOK:**

Your notebook and worksheets should be neatly organized as this will help you study for the unit tests. It is important that you complete all of the assigned reading, worksheet questions, and assignments. Please show your completed worksheets to your teacher before writing the tests.

## **EVALUATION:**

This course works on a mastery system. You must pass the mastery tests in each unit to the 80% level before you can go on. In addition, there are cumulative tests from time to time. These can only be undertaken once, so it is essential to do your best work on them. Your final mark for the course is based 60% on mastery tests and 40% on the cumulative tests.

## GOAL

The goal of this unit is to introduce Psychology and its methods.

## OBJECTIVES

Having completed this unit you will be able to:

1. Define Psychology.
2. Understand the relationship of Psychology to the other sciences.
3. Describe a brief history of Psychology.
4. Identify several scientific and non-scientific psychological behaviour research methods.
5. Describe procedures and problems related to psychological experiments.

## WHAT TO DO IN THIS UNIT

1. Ask your teacher for the Unit 1 worksheet.
2. Read Chapter 1 from pages 2 - 16 on *A look at Psychology*. Read Chapter 2 from pages 21 - 34 on *Psychological Methods*. Follow the instructions and complete all the questions and assignments in the worksheet. If you need extra space in order to answer your work completely, just attach your answers on looseleaf paper.
3. For each unit worksheet that you complete, check your answers with the unit answer key.
4. When you are ready, ask your teacher for the Unit 1 Test. Remember, you must get 80% to pass, so studying hard is essential.