

Course Design Rationale:

This excerpt from the Family Studies 10 – 12 IRP explains how the course is organized.

*“As the Family Studies curriculum does not specifically build upon previous learning, the curriculum has been divided into modules. Each module represents the equivalent of two credits, or approximately 50 instruction hours. The current structure of Family Studies 10 to 12 allows teachers to combine any two modules into a four-credit course, creating courses that are relevant to their specific students, both in interest and in age. It is expected that teachers will address the learning outcomes of both modules. **Family Studies 10 to 12 comprises six individual modular courses worth two credits each.** Teachers may select which modules will be offered based on their interests and those of the students. There are no prerequisites, and students may take the modules in Grades 10, 11, or 12. **Students may only take each module once.** They may not take the same modular course in Grade 10, Grade 11, and Grade 12.”*

Family Studies 10 – 12 IRP (2007), Section 2 Page 5.

The course is comprised of the following 6 modules, each worth two credits:

- Families in Society
- Interpersonal and Family Relationships
- Adolescence
- Adulthood
- Housing and Living Environments
- Child Development and Parenting, and Career Opportunities

Textbook:

- *Families Today (5th edition)*

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Grading:

Each module consists of a worksheet which you use to learn the material covered and to study from for tests. It counts for 10% of your final mark. In addition, there is a mid-module quiz that counts for 15% of your module mark, five assignments worth 10% each, and a module test worth 25%. The mark for each of the two modules is averaged to get your final course mark. There is no provincial exam for this course.

Goal:

The goal of this module is to acquaint the student with a variety of family structures and the challenges families face in the modern world.

Objectives:

After completing this unit you will be able to:

- Explain what family is and how definitions of family change over time and place.
- Describe a variety of family structures.
- Understand roles and responsibilities within the family structure.
- Examine family customs and traditions in the context of a variety of cultures.
- Examine the variety of challenges families face.
- Refer to information about family trends in Canada.

What to Do in this Unit:

- This module uses Chapters 1, 2, 3, 4, 8, 11, and 12 in the *Families Today* textbook.
- It is always best to skim through the chapter(s) first in order to see the “big picture” before reading it a second time for detail.
- Ask your teacher for the Module 1 Worksheet.
- Follow the instructions on your worksheet, paying particular attention to the pages referred to in your textbook. Answer the questions, and be sure to make a vocabulary list for any terms you don’t understand.
- Half way through the worksheet, you will be instructed to ask for the Mid Module Quiz. Remember, it is worth 15% of your module mark.
- Once your worksheet is done, hand it in for marking by your teacher. It is worth 10% of your mark for this module.
- Choose and complete five assignments from the list of choices for this module. When they are done, hand them in for marking.
- Go over your worksheet and reread the chapters assigned for this module. When you are ready, ask your teacher for the Module 1 Test. Study hard as this test is worth 25% of your module mark.

Goal:

The goal of this module is to examine the skills and knowledge involved in interpersonal and family relationships.

Objectives:

After completing this unit you will be able to:

- Explain to what interpersonal and family relationships refers.
- Define the attributes of good family and non-family relationships.
- Understand the concept of committed relationships
- Explain how and why relationships change and end
- Describe effective communication methods within relationships
- Explain the components of healthy and less healthy relationships.

What to Do in this Unit:

- This module uses Chapters 5, 6, 7, 14, and 28 in the *Families Today* textbook.
- It is always best to skim through the chapter(s) first in order to see the “big picture” before reading it a second time for detail.
- Ask your teacher for the Module 2 Worksheet.
- Follow the instructions on your worksheet, paying particular attention to the pages referred to in your textbook. Answer the questions, and be sure to make a vocabulary list for any terms you don’t understand.
- Half way through the worksheet, you will be instructed to ask for the Mid Module Quiz. Remember, it is worth 15% of your module mark.
- Once your worksheet is done, hand it in for marking by your teacher. It is worth 10% of your mark for this module.
- Choose and complete five assignments from the list of choices for this module. When they are done, hand them in for marking. They are each worth 10% of your final mark for this module.
- Go over your worksheet and reread the chapters assigned for this module. When you are ready, ask your teacher for the Module 2 Test. Study hard as this test is worth 25% of your module mark.

Goal:

The goal of this module is to examine the challenges and expectations of the adolescent stage of life development.

Objectives:

After completing this unit you will be able to:

- Define adolescence.
- Understand the expected roles of the adolescent in modern society.
- Discuss various aspects of adolescent development: physical, social, cognitive, and emotional.
- Examine the idea of self and self-concept.
- Look at decisions and the decision making process.
- Examine the importance of effective communication.
- Describe how adolescence is a time of change and challenge.

What to Do in this Unit:

- This module uses Chapters 6, 7, 17, 18, 22, 24, 25, and 27 in the *Families Today* textbook.
- It is always best to skim through the chapter(s) first in order to see the “big picture” before reading it a second time for detail.
- Ask your teacher for the Module 3 Worksheet.
- Follow the instructions on your worksheet, paying particular attention to the pages referred to in your textbook. Answer the questions, and be sure to make a vocabulary list for any terms you don’t understand.
- Half way through the worksheet, you will be instructed to ask for the Mid Module Quiz. Remember, it is worth 15% of your module mark.
- Once your worksheet is done, hand it in for marking by your teacher. It is worth 10% of your mark for this module.
- Choose and complete five assignments from the list of choices for this module. When they are done, hand them in for marking. They are each worth 10% of your mark for this module.
- Go over your worksheet and reread the chapters assigned for this module. When you are ready, ask your teacher for the Module 3 Test. Study hard as this test is worth 25% of your module mark.

Goal:

The goal of this module is to examine the challenges of the various stages of adulthood.

Objectives:

After completing this unit you will be able to:

- Explain the “transition to adulthood” and what that entails.
- Discuss the stages of adulthood: early, middle, and late.
- Examine adult roles and responsibilities.
- Describe the changes in life and lifestyle adults experience.
- Examine the problems and challenges which confront adults.
- Discuss the final stages of adult life.

What to Do in this Unit:

- This module uses Chapters 13, 15, 16, 19, 20, 29, and 30 in the *Families Today* textbook.
- It is always best to skim through the chapter(s) first in order to see the “big picture” before reading it a second time for detail.
- Ask your teacher for the Module 4 Worksheet.
- Follow the instructions on your worksheet, paying particular attention to the pages referred to in your textbook. Answer the questions, and be sure to make a vocabulary list for any terms you don’t understand.
- Half way through the worksheet, you will be instructed to ask for the Mid Module Quiz. Remember, it is worth 15% of your module mark.
- Once your worksheet is done, hand it in for marking by your teacher. It is worth 10% of your mark for this module.
- Choose and complete five assignments from the list of choices for this module. When they are done, hand them in for marking. They are each worth 10% of your mark for this module.
- Go over your worksheet and reread the chapters assigned for this module. When you are ready, ask your teacher for the Module 4 Test. Study hard as this test is worth 25% of your module mark.

Goal:

The goal of this module is to examine housing and the options and challenges of independent living.

Objectives:

After completing this unit you will be able to:

- Examine the essential nature and concept of housing.
- Look at various housing options.
- Explain how housing meets social, economic, and emotional needs.
- Describe the nature of independent living and some of the legal issues related to it.
- Examine “living quarters” as part of housing considerations.
- Understand the many choices adults must make when it comes to housing and independent living.

What to Do in this Unit:

- This module uses Chapters 21 and 23 in the *Families Today* textbook.
- It is always best to skim through the chapter(s) first in order to see the “big picture” before reading it a second time for detail.
- Ask your teacher for the Module 5 Worksheet.
- Follow the instructions on your worksheet, paying particular attention to the pages referred to in your textbook. Answer the questions, and be sure to make a vocabulary list for any terms you don’t understand.
- Once your worksheet is done, hand it in for marking by your teacher. It is worth 15% of your mark for this module.
- There is no Mid-Module Quiz for this module. Instead, you will complete **ALL SIX** of the Module Assignments. Each Module assignment is worth 10% of your mark for this module
- Go over your worksheet and reread the chapters assigned for this module. When you are ready, ask your teacher for the Module 5 Test. Study hard as this test is worth 25% of your module mark.

Goal:

The goal of this module is twofold: The first is to examine what is involved in the decision to parent and raise children. The second is to focus on career opportunities related to the needs of families in today's society. **(This may seem an odd combination, but many a person has been told and has learned that being a parent is the toughest job you'll ever have.)**

Objectives:

After completing this unit you will be able to:

- Explain why and why not people choose to have children
- Describe the concept of “readiness” for children
- Examine the rights and responsibilities of parenthood
- Look at various aspects of pregnancy and childbirth
- Examine the needs of early childhood development
- Examine the concept of working “relationships”
- Take steps to prepare for the career
- Examine a variety of family-related careers/occupations

What to Do in this Unit:

- This unit uses Chapters 31, 32, 9, and 25 in the *Families Today textbook*.
- It is always best to skim through the chapter(s) first in order to see the “big picture” before reading it a second time for detail.
- Ask your teacher for the Module 6 Worksheet.
- Follow the instructions on your worksheet, paying particular attention to the pages referred to in your textbook. Answer the questions, and be sure to make a vocabulary list for any terms you don't understand.
- Half way through the worksheet, you will be instructed to ask for the Mid Module Quiz. Remember, it is worth 15% of your module mark.
- Once your worksheet is done, hand it in for marking by your teacher. It is worth 10% of your mark for this module.
- Choose and complete five assignments from the list of choices for this module. When they are done, hand them in for marking. They are each worth 10% of your mark for this module.
- Go over your worksheet and reread the chapters assigned for this module. When you are ready, ask your teacher for the Module 6 Test. Study hard as this test is worth 25% of your module mark.