

### Material Covered:

The course is comprised of the following three themes:

#### Family Structures – The Foundation

- Strong Families and Values
- Family structures and Development
- Society, Family, and Diversity

#### Relationship Management

- Working Relationships
- Relationship Decisions
- Readiness for Marriage

#### Interpersonal and Family Relationships

- Relationships, Roles and Conflict
- Dealing with Conflict
- Building Strong Families

### Textbook:

The course uses the following:

*Families Today* (Glencoe/McGraw-Hill):

ISBN 978-0-07-880662-9.

### Notebook:

Your notebook and worksheets should be neatly organized as this will help you study for the unit tests. It is important that you complete all of the assigned reading, worksheet questions, and assignments. Please show your completed worksheets to your teacher before writing the tests.

### Evaluation:

This course works on a mastery system. You must pass the tests in each unit or the projects to the 80% level before you can go on. In addition, there are inquiry projects from time to time. These can only be undertaken once, so it is essential to do your best work on them. Your final mark for the course is based 60% on tests and projects and 40% on the inquiry projects.

### Projects:

Each unit has a final test but there is also the option to do a project instead. You may choose to showcase your knowledge by taking a test, doing a project, or a combination of both. Each section has suggested topics for you to investigate called inquiries in the textbook. Or, you can negotiate your own topic with your teacher. Be sure to get permission first if you are investigating your own topic!

**Goal:**

The goal of this unit is to learn how to make families strong and healthy and why a strong family is important.

**Key Concepts:**

While completing this unit you will:

- Identify the functions of the family.
- Recognize how families and society affect each other.
- Describe how families can be strong and how a strong family can help you in the future.
- Determine how emotional support and mental growth in families is important.
- Summarize how values are learned.

**What to Do in this Unit:**

- This unit uses the textbook *Families Today*.
- Ask your teacher for the Unit 1 Worksheet.
- Read Chapter 1 from pages 4-17 on *Families, Society, and You*. Read Chapter 2 on *Families Make a Difference* from pages 20 – 37. Follow the instructions and complete all the questions and assignments in the worksheet. If you need extra space in order to answer your work completely, just attach your answers on loose-leaf paper.
- Answer the questions on the worksheet and be sure you know the definitions of the words in bold found throughout the chapter. At least some of them are sure to be on the test!
- When you are ready, ask your teacher for the Unit 1 Test or Project. Remember, you must get 80% to pass, so studying hard is essential to do well.

**Goal:**

The goal of this unit is to learn about diverse family structures and their influence on family members.

**Key Concepts:**

While completing this unit you will:

- Identify the various family structures.
- Recognize the stages of family development.
- Describe exceptions to typical family patterns of development.

**What to Do in this Unit:**

- This unit uses the textbook *Families Today*.
- Ask your teacher for the Unit 2 Worksheet.
- Read Chapter 3 from pages 40-59 on *Family Characteristics*. Follow the instructions and complete all the questions and assignments in the worksheet. If you need extra space in order to answer your work completely, just attach your answers on loose-leaf paper.
- Answer the questions on the worksheet and be sure you know the definitions of the words in bold found throughout the chapter. At least some of them are sure to be on the test!
- When you are ready, ask your teacher for the Unit 2 Test or Project. Remember, you must get 80% to pass, so studying hard is essential to do well.

**Goal:**

The goal of this unit is to learn how society affects families and to appreciate the cultural diversity in the world around us.

**Key Concepts:**

While completing this unit you will:

- Identify societal trends that affect families.
- Recognize how family structures may change over time.
- Recognize similarities and differences among cultures.
- Describe how families teach cultures.

**What to Do in this Unit:**

- This unit uses the textbook *Families Today*.
- Ask your teacher for the Unit 3 Worksheet.
- Read Chapter 4 from pages 64-75 on *Families in a Changing World*. Follow the instructions and complete all the questions and assignments in the worksheet. If you need extra space in order to answer your work completely, just attach your answers on loose-leaf paper.
- Answer the questions on the worksheet and be sure you know the definitions of the words in bold found throughout the chapter. At least some of them are sure to be on the test!
- When you are ready, ask your teacher for the Unit 3 Test or Project. Remember, you must get 80% to pass, so studying hard is essential to do well.
- The cumulative assessment for this theme is project on a topic of your choosing. Ask your teacher for the Theme #1 worksheet, The Foundation, then read and complete the work there.

**Goal:**

The goal of this unit is to learn how to develop and maintain healthy relationships throughout your life by including good communication skills.

**Key Concepts:**

While completing this unit you will:

- Identify the qualities of healthy relationships.
- Recognize how improve relationships.
- Describe roles in families.
- Understand the elements of effective communication.

**What to Do in this Unit:**

- This unit uses the textbook *Families Today*.
- Ask your teacher for the Unit 4 Worksheet.
- Read Chapter 5 from pages 84-99 on *Roles and Relationships* and Chapter 6 *Effective Communication Skills* on pages 102-115. Follow the instructions and complete all the questions and assignments in the worksheet. If you need extra space in order to answer your work completely, just attach your answers on loose-leaf paper.
- Answer the questions on the worksheet and be sure you know the definitions of the words in bold found throughout the chapter. At least some of them are sure to be on the test!
- When you are ready, ask your teacher for the Unit 4 Test or Project. Remember, you must get 80% to pass, so studying hard is essential to do well.

**Goal:**

The goal of this unit is to learn how to prevent conflict.

**Key Concepts:**

While completing this unit you will:

- Identify what causes conflict.
- Recognize how to avoid conflict.
- Describe how to deal with conflict in a respectful manner when it arises.

**What to Do in this Unit:**

- This unit uses the textbook *Families Today*.
- Ask your teacher for the Unit 5 Worksheet.
- Read Chapter 7 from pages 118-135 on *Conflict Prevention*. Follow the instructions and complete all the questions and assignments in the worksheet. If you need extra space in order to answer your work completely, just attach your answers on loose-leaf paper.
- Answer the questions on the worksheet and be sure you know the definitions of the words in bold found throughout the chapter. At least some of them are sure to be on the test!
- When you are ready, ask your teacher for the Unit 5 Test or Project. Remember, you must get 80% to pass, so studying hard is essential to do well.

**Goal:**

The goal of this unit is to learn about the qualities of strong families and how to strengthen family relationships.

**Key Concepts:**

While completing this unit you will:

- Identify the skills and qualities needed to build a strong family.
- Recognize how families and society affect each other.
- Describe a family system.
- Identify ways teens can improve relationships with their siblings and parents.

**What to Do in this Unit:**

- This unit uses the textbook *Families Today*.
- Ask your teacher for the Unit 6 Worksheet.
- Read Chapter 8 from pages 136-153 on *Build Family Relationships*. Follow the instructions and complete all the questions and assignments in the worksheet. If you need extra space in order to answer your work completely, just attach your answers on loose-leaf paper.
- Answer the questions on the worksheet and be sure you know the definitions of the words in bold found throughout the chapter. At least some of them are sure to be on the test!
- When you are ready, ask your teacher for the Unit 6 Test or Project. Remember, you must get 80% to pass, so studying hard is essential to do well.
- The cumulative assessment for this theme is a project on a topic of your choosing. Ask your teacher for the Theme #2 worksheet, Strengthening Relationships, then read and complete the work there.

**Goal:**

The goal of this unit is to learn about effective working relationships.

**Key Concepts:**

While completing this unit you will:

- Identify what makes a good working relationship.
- Recognize the importance of positive working relationships both on the job and in the community.
- Describe what it takes to be a good leader.

**What to Do in this Unit:**

- This unit uses the textbook *Families Today*.
- Ask your teacher for the Unit 7 Worksheet.
- Read Chapter 9 from pages 156-175 on *Working With Others*. Follow the instructions and complete all the questions and assignments in the worksheet. If you need extra space in order to answer your work completely, just attach your answers on loose-leaf paper.
- Answer the questions on the worksheet and be sure you know the definitions of the words in bold found throughout the chapter. At least some of them are sure to be on the test!
- When you are ready, ask your teacher for the Unit 7 Test or Project. Remember, you must get 80% to pass, so studying hard is essential to do well.



**Goal:**

The goal of this unit is to learn about the importance of friends and how friends impact our decisions.

**Key Concepts:**

While completing this unit you will:

- Describe the importance of friends.
- Describe the development of relationships.
- Explain how to cope when relationships end.

**What to Do in this Unit:**

- This unit uses the textbook *Families Today*.
- Ask your teacher for the Unit 8 Worksheet.
- Read Chapter 26 from pages 504-521 on *Relationship Decisions*. Follow the instructions and complete all the questions and assignments in the worksheet. If you need extra space in order to answer your work completely, just attach your answers on loose-leaf paper.
- Answer the questions on the worksheet and be sure you know the definitions of the words in bold found throughout the chapter. At least some of them are sure to be on the test!
- When you are ready, ask your teacher for the Unit 8 Test or Project. Remember, you must get 80% to pass, so studying hard is essential to do well.

**Goal:**

The goal of this unit is to learn about readiness for marriage.

**Key Concepts:**

While completing this unit you will:

- Describe different theories of attraction and how they relate to relationships.
- Identify signs of marriage-readiness.
- Describe signs of a bad relationship.

**What to Do in this Unit:**

- This unit uses the textbook *Families Today*.
- Ask your teacher for the Unit 9 Worksheet.
- Read Chapter 28 from pages 544-559 on *Readiness for Marriage*. Follow the instructions and complete all the questions and assignments in the worksheet. If you need extra space in order to answer your work completely, just attach your answers on loose-leaf paper.
- Answer the questions on the worksheet and be sure you know the definitions of the words in bold found throughout the chapter. At least some of them are sure to be on the test!
- When you are ready, ask your teacher for the Unit 9 Test or Project. Remember, you must get 80% to pass, so studying hard is essential to do well.
- The cumulative assessment for this theme is a project on a topic of your choosing. Ask your teacher for the Theme #3 worksheet *Extending Relationships*, then read and complete the work there.

**Congratulations! You have finished Interpersonal and Family Relationships 11!**